



Your Views Matter

We value your views and are always keen to hear from our families. You can give us feedback at any time using the QR code.



Share something positive



Make a suggestion



Ask a question



Raise a concern

Scan the QR code to send us your feedback at any time.



Scan here!
to give us your feedback



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The Mount, Taunton, Somerset, TA1 3NR

ST GEORGE'S CATHOLIC SCHOOL
MIND • BODY • SPIRIT

25/09/2026

Dear Parents and Carers,

School Lunch Boxes

As a school, we want to support our children to have healthy, balanced lunches that give them the energy they need for a busy day of learning. A healthy lunchbox can include a combination of fruit or vegetables, a starchy food such as bread, pasta or rice, a source of protein, and a dairy food or suitable alternative, alongside water or another healthy drink.

We have noticed an increase in pastries and fried foods in lunchboxes, so we thought it would be helpful to share some simple ideas around creating a balanced lunchbox, including some easy alternatives and swaps.

Good eating habits are developed from an early age, and a balanced lunch can help children to have the energy and concentration they need throughout the school day.

We hope you find the information and ideas below useful and please do not hesitate to get in touch if we can provide any support.

For more information and healthy lunchbox ideas:

[NHS – Healthier Lunchboxes](#) (recipes and simple ideas for healthier swaps)

[NHS – The Eatwell Guide](#) (tips on achieving a balanced diet)

Attendance Matters

This week, we're sharing our Attendance Matters information (see attached) to highlight just how important regular attendance is for your child's learning and success. At St George's, we believe that everyday counts, and last year our whole-school attendance was 95.8%.

This year, we're aiming to build on that and reach our 97% attendance target across the school. Research shows that pupils who attend school regularly are more likely to make strong academic progress and build the confidence and resilience they need for future success. If you would like further information on attendance, please visit our school website to access our attendance policy, which details our attendance expectations and support. We truly value working in partnership with families to ensure all our pupils can thrive—and kindly remind parents to plan family holidays outside of term time so that children can benefit fully from every learning opportunity.

Amenities and Swimming

As the new school year begins, we would like to remind parents that this term's contribution towards your child's swimming lessons is £10 per child. The £10 amenities contribution is also now due, which helps us to fund the exciting extra-curricular opportunities we provide for the children, including theatre companies, performers and visiting artists. *Our all-day visit from Pete the Poet next Friday is an example of how the school uses this money to provide enriching opportunities for our pupils.*

Please pay contributions to the school bank account, ending in 7152. Please quote reference 'S' for Swimming and 'A' for Amenities. Please contact the school office if you have any queries about this.

We are grateful for parents' support in making these payments at a time when running a pool is increasingly expensive, and the cost of providing extracurricular activities has increased.

First Holy Communion

We are pleased to share this message from the First Holy Communion Team at St George's Catholic Church:
The First Holy Communion Team warmly welcomes pupils in Year 3 and above to enrol for First Holy Communion.
Registration is via the Church website and **remains open until 30th September**: <https://tauntonvalecatholics.com/>
If you have any queries, please contact Sue at: suemorkane@gmail.com

Best wishes,

Edwina McDonnell
Headteacher

Upcoming Dates:

Tuesday 29th September – Year 3 Class Trip to Charmouth – see further info from class teacher

Thursday 1st October – Phonics Workshop – for EYFS/ Reception Class parents, 2.50pm

Sunday 18th October – Harvest Family Mass (School/Church link Mass) at St George's Catholic Church, 9.15am

Monday 19th October – Parents' Evening, 5pm – 7.30pm

Tuesday 20th October – Parents' Evening, 3pm – 5.30pm

Saturday, 24th October – SCHOOL CLOSED for half-term

Monday 2nd November – SCHOOL REOPENS – Autumn Term 2

Friday 27th November – SCHOOL CLOSED – INSET Day